

SPORTS

TROOP MEETING PLAN

Date _____ Week 2

Activity	Description	Run by	Time
Preopening _____ minutes			
Opening Ceremony _____ minutes			
Skills Instruction _____ minutes	<ul style="list-style-type: none"> • New Scouts have a presentation by a college athlete or health cub instructor. Demonstrate exercises and discuss nutritional diets and an exercise plan. • Experienced Scouts continue working on their sport. • Older Scouts work on the Venture/Varsity program or practice the following games: Everybody Up Inchworm Human Ladder The Boy Scout Shuffle Prepare to demonstrate them for the troop, or continue work on skiing. 		
Patrol Meetings _____ minutes	Discuss plans for this month's outing. Practice two of the events for the outing. All patrols plan activities to work on advancement. Should you do a Good Turn this month?		
Interpatrol Activity _____ minutes	Izzy Dizzy Relay ("Program Specialties" section of this book)		
Closing _____ minutes Total 90 minutes of meeting	<ul style="list-style-type: none"> • Scoutmaster's Minute • Retire colors 	SM	
After the Meeting	Patrol leaders' council reviews next meeting and plans for the outing. Continue work on next month's program feature. Troop committee holds board of review. Plan a court of honor if one is needed.		