



COLLECTIVE BLANKETBALL

Most Scouts crave physical activity. With this program feature you can provide a variety of ways for them to get it. Many sports, both team and individual, are available in Scouting's programs.

Use them to encourage your Scouts to become physically fit. Point out that only by becoming fit can they perform at their best level in any sport.

Stress teamwork, too. Obviously, team sports require each member of the team to act in harmony with the others. Even in individual sports, teamwork is important because often the individual needs the help of others in training for and practicing his sport.

SCOUTING OUTCOMES

This month's patrol and troop activities should give your Scouts:

- A greater understanding that physical fitness is essential for a fulfilling life.
- Awareness that they can improve their fitness with regular exercise, adequate diet and rest, and abstinence from smoking, drugs, and alcohol.
- Enhanced self-confidence as a result of improving physical fitness.
- Familiarity with a variety of sports.

ADVANCEMENT OPPORTUNITIES

By the end of the month, all Scouts should have met the majority of their physical fitness requirements through First Class. Depending on the activities, they may also complete all or part of the following rank requirements:

Tenderfoot

- Outdoor—Hiking, camping
- Citizenship—Flag ceremonies

- Patrol/troop participation—Patrol identification
- Personal development—Scout Oath and Law
- Physical fitness—Health, conditioning, drug awareness

Second Class

- Outdoor—Camping, hiking
- Citizenship—Flag ceremonies
- Patrol/troop participation
- Personal development—Scout Oath and Law
- Physical fitness—Health, conditioning, drug awareness

First Class

- Outdoor—Camping, hiking, cooking
- Citizenship—Flag ceremonies
- Patrol/troop participation
- Personal development—Scout Oath and Law
- Physical fitness—Health, conditioning

Merit Badges. Older Scouts can concentrate on the Personal Fitness and Sports merit badges this month; they should be able to complete many of the requirements. Depending on activities during the campout, they may also cover requirements in Cooking, Hiking, Camping, Athletics, Swimming, Skating, Skiing, Cycling, and other outdoor-related merit badges.

PARENT PARTICIPATION

The patrol leaders' council can involve parents in the program feature this month by:

- Asking those qualified to assist as judges, scorers, timekeepers, etc.
- Inviting families on the campout.
- Asking parents to coach Scouts in a sport.